

# **Annual Report 2016-17**

The unit organized various programmes giving due importance to environmental awareness , health, personality development etc. it was also ensured that the unit members were actively involving and participating in all the programmes. The unit was able to organize symposiums, interactions with the poor and the needy of the society and thereby helped to uphold the social responsibility among the volunteers. The unit become a powerful organization of the campus to understand the problems and issues of the depressed and the deprived of the neighborhood.

## ***ENVIRONMENT DAY ON JUNE 2016***

This year's programme began with the celebration of the Environmental Day on June 5<sup>th</sup> .The unit members planted slapping in the campus. Measures were adapted to pressure and conserve the trees and plants in the campus. Former Principal Dr.R.Raveedraninaugurated the programme. All the students, teachers and non-teaching staff supported and encouraged the Environmental Day programme



## ***CLEANING PROGRAMME***

As part of the year round programme of the NSS unit, the members of the unit occasionally did cleaning programmes as part of their field work. During this year the days of June 16 and 17, July 28 and 29, August 6, 11, 12 and 30 November 18, were being utilized for the cleaning programmes.



## **YOGA DAY 2016**

On 21/6/2016, which was the yoga day a study class on Yoga was conducted by yogacharyasri.G.Gopalakrishnan. The class helped the youth in getting proper information on how to solve the problems related to their health and also made them aware on how to follow a proper daily routine.



## ***SNEHANIDHI BOX COLLECTION FOR NEEDY CHILD CANCER PATIENTS***

On 24th June 2017 a box for collecting fund for the poor and needy cancer patients was placed in front of the main gate of the college and the programme was named “Snehanidhi”. The box would be opened once in every six months and the amount from it would be given to a child suffering from cancer. The key of the box would be kept by the Principal.

In the days of June 28, 29 and 30 a group effort was made with the leadership of the NSS leaders and volunteers for collecting money to the box. On July 22 the entry of the first year degree students to NSS was be



## ***VEGITABLE FAMINING***

In the days of August 11<sup>th</sup>, 12<sup>th</sup> and 15<sup>th</sup> a vegetable garden was being made as part of the programme of this year. Apart from the previous year's topica as well as plantain cultivation was started. The programme was inaugurated by the Principal Smt.K.Susy.

The inaugural ceremony of vegetable harvesting was done by the Principal Smt.Susy, on 27<sup>th</sup> of November.





*Vegetable harvesting*

### **NSS VOLUNTEER TREATMENT FUND COLLECTION**

*A fund collection was made for the treatment of a third year student of physics from our college named Shalini. The amount collected was handed over to the mother of the student at the Medical College.*

### **GANDHI JAYANTHI**

A cleaning programme as well as a campaign against the use of plastics was conducted on October 2<sup>nd</sup> which was the Gandhi jayanthi day.

On October 3<sup>rd</sup> an elocution competition was conducted by the unit based on the topic 'The importance of Gandhian ideals on Independent India'. The 1<sup>st</sup> prize was given to Ms.Chinju (dept. of Zoology), 2<sup>nd</sup> place was given to Ms.Parvathy (Dept. Of Economics) and 3<sup>rd</sup> place was given to Sri.Nidhin(Dept. of Economics).





### ***GREEN CARPET***

A cleanliness campaign named 'Green Carpet' was organized by the NSS unit in association with the tourism department along with Mathrubhoomi Club FM and Varkala Corporation. The region including the surroundings of varkala beach as well as the helipad was being made clean in the campaign. The programme was being inaugurated by the MLA of the region, Advt.V.Joy.



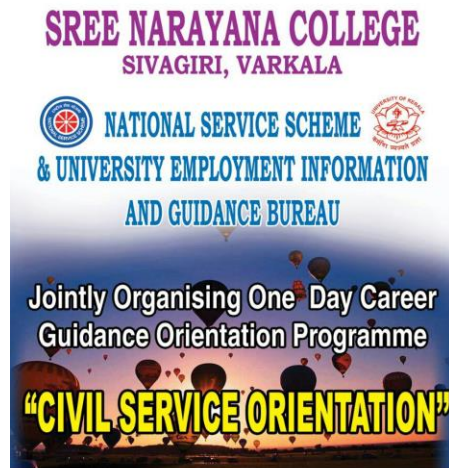
A personality development class was held on 5<sup>th</sup> October, under the guidance of Sri.Brammahayakam. the class attended by about hundred students was aimed at developing an intrest among students on NSS and its importance in developing a commitment towards society.



### ***CIVIL SERVICE ORIENTATION***

On 27<sup>th</sup> of October, a one day Civil Service orientation class was held jointly by University Information and Guidance Bureau and NSS unit. The class was aimed at providing guidance for those who are preparing for Civil Service and also as an inspiration for other students to aim Civil Service.





### BLOOD DONATION CAMP

Indian Medical Association and the National Service Scheme jointly organized a Blood Donation Camp on 11<sup>th</sup> of October. The camp was attended by more than 80 students along with teachers. The certificates of the participants were distributed by our Principal prof.K.Susi.



### *NADEEL ULSAVAM 2017*

One Acre paddy field of CherunniyurPanchayath was undertaken by the NSS unit on Dec.19<sup>th</sup> and conducted a "NadeelUlsavam" as a part of the paddy cultivation. The programme was inaugurated by our Principal Prof.K.Susy.



## ***ANNUAL SEVEN DAY CAMP 2017 DECEMBER 20 TO 27***

This year's Seven Day annual camp started on 20<sup>th</sup> December. The camp was inaugurated by Varkala M L A Advt.V.Joy. the inaugural meeting was presided over by Principal. The inaugural meeting was followed by camp Registration in the same day afternoon.



### **PERSONALITY DEVELOPMENT CLASS**

A personality development class head by Sri.KarthikSasi on the subject 'Personality development in Youths' on 21<sup>st</sup> December. Another class based on 'Physical and Mental abuse in Children' was conducted on the same day afternoon by sri.Jobi, child line worker of Loyola College.



### **SELF EMPLOYMENT TRAINING PROGRAMME**

A self-employment training programme was conducted on the third day of the camp, 22/12/2016, Thursday, under the leadership of Sri.Haridas, of Gandhian study centre. The students were given training in the making of Paper Bag, Exam Board, and Writing Board etc. the class extended for a whole day.



### ***ROAD SAFTY AWARENESS CLASS***

A road safety awareness class was conducted for the students under Attengal R.T.O Sri. Santhosh on the fourth day.



### ***SOCIO-ECONOMIC SURVEY***

A socio-Economic and health survey was conducted by the students at the nearby village, Kanwasramam on the same day afternoon. The survey was conducted on a selected 84 households. Survey was inaugurated by ward member Advt. biju.



## ***MEDICAL CAMP***

A free Medical Camp was conducted by the NSS unit in association with VarkalaGovt.Hospital, on the fifth day. The camp mostly included the sick person of Kanwasramam ward.



On the same day afternoon, clothes which were collected by NSS volunteers were distributed for the needy people of Kanwasramam village.





### ***ENVIRONMENT AWARENESS CLASS***

A class was conducted on the next day, on the subject “Water and Environment” jointly with SasthaSahithyaParishad.



## ***REUNION OF FORMER NSS VOLUNTEERS***

A reunion of former NSS volunteers and teachers were held after that o the same day.



## ***ARTIFICIAL VILLAGE MAKING***

On the final day mornings, the students were given task for aerating two artificial villages. They were divided into two groups and the best village was awarded a prize.

The closing ceremony conducted on the same day was inaugurated by former Principal Dr.R.Raveendran.



### ***THREE DAYS NATURE CAMP AT MUNNAR***

A three day nature study camp and trekking camp was organized in collabroratly with the munnar Forest Department on Jan. 24,25,26 forty students along with four teacher camped at Munnar.

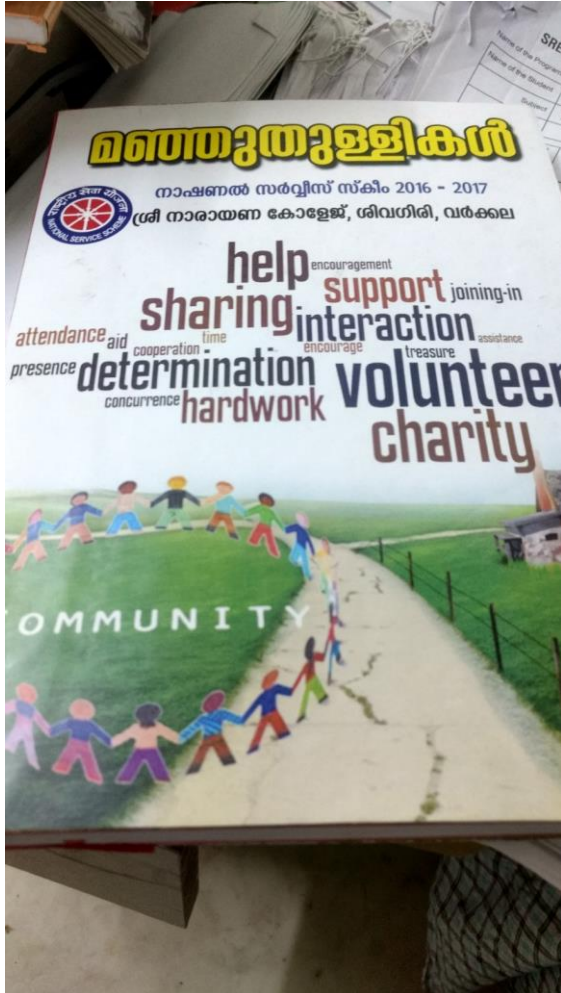
The conduct of Nature Camp enabled the volunteers to develop appreciation of and respect for the gift of Nature. It also helped great understanding of forests as rich habitat thatsustain us.





## ***NSS MAGAZINE MANJUTHULLIKAL***

A manuscript magazine named “manjuthullikal” was realized by Prof.K.Susi Principal on 30<sup>th</sup> January 2017. The magazine contain the creative writings of the volunteers based on the seven day NSS camp.



## ***ONE DAY MEDICAL CAMP***

A free one day health check-up camp was organized on 22<sup>nd</sup> Feb.2017. The camp tested cholesterol, blood sugar, Albumin and Blood pressure levels. Seventy six people from the neighbourhood attended the camp.

## **SNEHASANTWANAM 2017 AND VILLAGE ADOPTION**

“Snehasantwanam” , which has been organizing for the last three years, is one of the endearing programmes of the unit. The aim of *Snehasantwanam* is to render financial help to the poor and the needy people who suffer from Chronic Diseases. The fund was raised by the volunteers from teachers, non-teaching staff, students and other voluntary organization. The fund collected was distributed to 45 people, by the cine actor Sri.Indrans. Advt.V.Joy (MLA, varkala Constituency), Smt.BinduHaridas (Municipal Chairperson, Varkala).Sri.Aji.S.R.M (Representative, SN Trust), Prof.K.Susi (Principal), teaching Non-teaching staff , students and former students were present.

The NSS unit adopted the village “*Kanwasramam*” the 10<sup>th</sup> ward of varkala village and provide palliative care, tutorials and educate the people on the importance of hygienic life and environmental awareness.



## ANT- DRUG RALLY-BHODHAPOURNAMI

The NSS unit members jointly participated with NCC of our college an anti drug rally conducted by keralakaumathi in the name of bhodhapournami.



## HIROSHIMA AND NAGASAKKI DAY

The unit organized two day programme against the effect of nuclear bomb on august 6 and 9. A poster exhibition was conducted in the college. In the afternoon session a class was held on the topic of the threaten of nuclear bomb. The class was handled the former principal Dr.R.Raveendran.A documentary was also screened on the same day on the same topic.



## ***HARVEST FEST***

A “Harvest Fest” was conducted on behalf of NSS unit of Sree Narayana College. The Programme was attended by Prof. K. Susy (Principal), NSS Programme officers and NSS Volunteers. The Programme enabled to revoke the interest in farming and its related practices. It also helped the volunteers to feel the necessity to undertake farming on a large scale and how it will enrich oneself both physically and spiritually. The students were given practice by farmers on how to harvest the rice field and that firsthand experience in the farm land enabled them to do it joyously. The harvested rice was given to the poor and the needy families of nearby villages.

A palliative care unit was started by the NSS unit under the guidance of govt. medical officers as part of village adoption programme. The entire volunteers were grouped into four and they would visit the area once in a week and will take care and monitor the health and hygiene of the area.

